



8 California Code of Regulations 14300.7(b)(5)(B)

FIRST AID REFERENCE SHEET

FIRST AID	RECORDABLE INJURY--NOT FIRST AID
Observation or counseling by physician or licensed health care professional	Prescription medication
X-rays with negative findings	Non-prescription medication(s) at prescription strength prescribed by physician or health care professional. (This means if the medication can be obtained OTC without a script, but prescription strength is recommended, then it is not first aid. Example: M.D. tells patient to take 4-200 mg Motrin to equal 800 mg., 800 mg is prescription strength.)
Prescription drug administered solely for diagnostic purposes, such as drops to pupils	Hepatitis B vaccine
Non-prescription medication at non-prescription strength	Rabies vaccine
Tetanus immunization	Any immunization other than tetanus
Wound cleaning, flushing, soaking	Sutures or staples to close wound
Wound coverings such as gauze bandages, Band-Aids, butterfly bandage, SteriStrip	Rigid devices with stays
Hot or cold therapy	Physical therapy or chiropractic treatment
Non-rigid means of support such as elastic bandages, wraps, non-rigid back belts	Loss of consciousness regardless of length of time
Temporary immobilization device such as splints, slings, neck collars, backboards	Lost time beyond first day of injury
Drill fingernail or toenail to relieve pressure	Work restriction(s)
Drain fluid from blister	Chronic irreversible disease
Eye patches	Fracture or cracked bone
Remove foreign body(ies) from eye using irrigation or swab	Punctured eardrum
Removal of splinter(s), foreign material from other than eyes by irrigation, tweezers, swabs or other simple means	Exposure to or suspected exposure to pesticide
Finger guards	Cancer, silicosis, byssinosis
Massages (not PT or chiropractic)	Death
Drinking fluids or relief from heat stress	Intentionally left blank
One clinic/medical facility visit for treatment as above, and one follow-up visit for observation	More than one visit to clinic/medical facility and one follow-up for observation